

Workshop outlines: For Empowering our Employees

Being Change Ready within an everchanging workplace

Aim:

Delegates will gain more of an understanding of what change is and how this impacts them at a psychological level, enabling them to understand how they can improve personal resilience and support organisational objectives.

Outline:

The workshop content will include:

- Understanding what change is and its context – tailored to the needs of the organisation.
- Why change and what are the challenges and benefits?
- Understanding what being change ready is and the positive impact it can have on you
- Understanding how we experience change
- Understanding what personal resilience is for you.

Outcomes

Delegates will leave feeling more resilient with a 'bouncing back' toolkit that they can take away and implement straight away

Duration:

Half day

Delivery Approach:

An on-line workshop using MS Teams. For alternative platform options please contact WME at info@wmemployers.org.uk

Audience:

All employees

Delegates:

Up to 15 delegates per session

Investment required

Virtual delivery

WME Member: £650 + VAT

Non-WME Members: £780 + VAT

For face to face delivery costs please contact info@wmemployer.org.uk

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