

Sustaining resilient and healthy organisations through Mindsets



How we think impacts the attitude we take to work, what we believe we are capable of and how we respond in challenging situations.

Creating the right mindset in our employees is therefore significant to engaging and developing a responsive workforce.

Mindsets provides bespoke online learning covering over 20 topics, including Wellbeing, Resilience, Growth mindset, Focus and Positive attitude. Each module is designed to create sustainable change through self-awareness, self reflection and accountability. It does this using quick and easy self-assessment questionnaires and micro-coaching exercises. Anyone who takes the module will receive a personalised profile based upon their assessment responses and they are given targeted micro-coaching exercises tailored to their results.

They are also given the opportunity to make commitments to change using our goal setting and habit tracking process. The bite-sized coaching exercises can be taken in a single sitting. Appealing to our shorter attention spans and busy schedules. They can also provide a valuable starting point for working with an internal or external coach. Because coaching is tailored to the individual it means it is as effective as possible. And coaching exercises spread out over time lead to effective sustainable change.

WME Offers

These products are purchased on 12 month licences, giving colleagues access to the resources throughout the year when they need it most. (Longer term deals are also available).

WME are working in partnership with Coaching Culture, the company who designed these fantastic development resources. We are pleased to be able to offer WME Member organisations, and those part of the West Midlands Coaching and Mentoring Pool access to the online tools for an unlimited number of users.

Investment

Mindsets

£5,000 + VAT for 12 months

Coaching Culture also offers online Coaching Skills Development modules: Lessons. Coaching for Wellbeing conversions is one topic of many.

Lessons

£5,000 + VAT for 12 months

Multi product discount:

£8,000 + VAT for 12 months (if you purchase both products together)

Additional discounts are available for subscribers to the West Midlands Coaching and Mentoring Pool.

The fees above are usually capped for a maximum of 500 users. Please get in touch to receive a free trial of these products..

Enquire Now

